



MIN JIANG AT HOME

COLLECTION SERVICE

FOOD MENU

Min Jiang at Home

特别推荐

CHEF'S RECOMMENDATIONS

木鱼丝椒盐豆腐	£ 18.00
Shredded Bonito Flakes Chili Spiced Crispy Tofu * 332 kcal Contains: egg, fish, soya, gluten	
自制干炒牛河	£ 18.00
Stir Fried Sirloin Beef with Homemade Ho Fun Noodles 549 kcal Contains: egg, dairy, crustaceans, mollusc, fish, soya, gluten	
鸳鸯脆米 XO 酱炒饭	£ 18.00
Ying Yang Fried Crispy Rice with Scallops in XO Sauce * 587 kcal Contains: egg, dairy, crustacean, mollusc, fish, soya, gluten	
辛辣阿拉斯加帝皇蟹	£ 55.00
Alaskan King Crab, Fried Tofu, Okra, Pineapple and Cherry Tomatoes in Oriental Curry Sauce* 894 kcal Contains: egg, dairy, crustaceans, soya, gluten	

岷江精选

MIN JIANG SIGNATURE

古法木材烤北京鸭	535 kcal, served up to 4 person - Half £ 48.00
Legendary Wood-fired Beijing Duck	1070 kcal, served up to 8 person - Whole £ 88.00
Duck, pancakes, plum sauce, leek, cucumber, pickled cabbage, pickled radish, garlic Contains: egg, dairy, sesame, soya, gluten	

Prepared meticulously by Chefs from Beijing according to an ancient recipe, Min Jiang's wood-fired Duck is truly authentic. Over time, Chefs and gourmands have popularized a variety of ways to enjoy traditional Beijing Duck, typically presented in two servings.

Choices of Second Serving

Option A: 鸭粒炒饭 Fried Rice with Diced Duck 954 kcal for ½ Beijing duck order Contains: egg, dairy, soya, gluten
Option B: 鸭丝炒面 Fried Egg Noodles with Sliced Duck 972 kcal for ½ Beijing duck order Contains: egg, dairy, mollusc, fish, soya, gluten

前菜小吃

APPETISERS

斋鸭包	£ 19.50
Homemade Pancake with Deep-fried Bean Curd Wrap (V) 122 kcal Pancakes, plum sauce, leek, cucumber, pickled cabbage, pickled radish, garlic Contains: sesame, soya, gluten	
蒸点心拼	£ 22.00
Steamed Dim Sum Platter 594 kcal 2 prawn dumplings, 2 pumpkin with seafood dumplings, 2 crab meat dumplings, 2 jade mushroom dumplings (V) Contains: egg, dairy, crustaceans, mollusc, sesame, soya, gluten	
蒸素点心拼	£ 22.00
Steamed Vegetarian Dim Sum Platter (V) 390 kcal 2 sweet corn dumplings (V), 2 Shanghai pak choi dumplings (V), 2 vegetable dumplings (V), 2 jade mushroom dumplings (V) Contains: egg, dairy, sesame, soya, gluten	
芝麻燻乳骨	£ 20.00
Smoked Pork Ribs with Jasmine Tea and Sesame Seeds 1716 kcal Contains: egg, dairy, sesame, soya, gluten, celery, sulphites	

* Denotes Spicy

(V) Denotes Vegetarian

前菜小吃

APPETISERS

- 椒盐鲜鱿 £ 18.50
Deep-fried Crispy Squid with Salt, Pepper, Spring Onion,
Dried Chili and Garlic * 506 kcal
Contains: egg, dairy, crustaceans, mollusc, soya, gluten
- 红油虾抄手 £ 12.00
Poached Prawn Dumplings in Sichuan Chili Oil * (6 pieces) 223 kcal
Contains: egg, dairy, crustaceans, sesame, soya, gluten, celery
- 芝麻下多士 £ 9.90
Chilli Prawn Toast with Sesame Seeds * (3 pieces) 279 kcal
Contains: egg, dairy, crustaceans, sesame, soya, gluten, celery
- 蜜汁叉烧酥 £ 9.20
Baked Char Siew Pork Puff with Sesame Seeds (4 pieces) 2076 kcal
Contains: egg, dairy, crustaceans, mollusc, sesame, soya, gluten
- 蜜汁叉烧包 £ 9.20
Steamed Min Jiang Char Siew Pork Bun 1128 kcal
Contains: egg, dairy, crustaceans, molluscs, sesame, soya, gluten
- 炸斋春卷 £ 8.50
Vegetarian Spring Rolls (V) (3 pieces) 246 kcal
Vermicelli, cabbage, yam bean, mushroom
Contains: egg, dairy, sesame, soya, gluten
- 北京鸭丝卷 £ 8.50
Crispy Beijing Duck Rolls (2 pieces) 291 kcal
Contains: egg, dairy, sesame, soya, gluten

汤类精选

SOUP SELECTION

- 蟹肉粟米羹 £ 14.00
Sweet Corn Soup with Blue Swimmer Crab Meat 519 kcal
Contains: egg, dairy, crustaceans, soya, gluten
- 岷江酸辣汤 £ 11.00
Min Jiang Sichuan Hot and Sour Soup * 320 kcal
Chicken, tofu, mushroom, bamboo shoot, spring onion, chilli
Contains: egg, dairy, soya, gluten
- 菜胆羊肚菌羹 £ 11.00
Wild Mushroom Soup with Pak Choi (V) 133 kcal
Morel mushroom, straw mushroom, oyster mushroom, pak choi
Contains: soya, gluten

海鲜类

SEAFOOD

- 三杯汁阿拉斯加炒银鳕鱼 £ 48.00
Stir-fried Alaskan Black Cod with Sweet Basil in Sanpei Sauce * 359 kcal
Contains: egg, dairy, fish, soya, gluten, celery
- 沙茶酱烤银鳕鱼 £ 48.00
Roasted Alaskan Black Cod with Shacha Sauce * 359 kcal
Contains: egg, dairy, crustaceans, mollusc, fish, sesame, soya, gluten, sulphites
- 芥末杏仁鲜虾球 £ 35.00
Sautéed King Prawns with Wasabi Sauce, Tobiko and Almond Flakes * 833 kcal
Contains: egg, dairy, crustaceans, fish, soya, nuts, gluten, mustard
- 宫保腰果虾球 £ 35.00
Sautéed Gong Bao King Prawns with Cashew Nuts and Sichuan Dried Chili * 912 kcal
King prawns, cashew nuts, spring onion, garlic, Sichuan dried chili
Contains: egg, dairy, crustaceans, soya, nuts, gluten

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海鲜类

SEAFOOD

咸蛋肉松琵琶虾

Sautéed King Prawns in Salted Egg Yolk with Pork Floss 1112 kcal £ 35.00
Contains: egg, dairy, crustaceans, soya, gluten

姜葱蒸鲈鱼

Steamed Sea Bass Fillet with Ginger, Spring Onion and Coriander 206 kcal £ 24.00
Contains: egg, dairy, fish, soya, gluten

肉类/家禽类

MEAT/POULTRY

黑椒酱炒牛柳粒

Diced Sirloin of Beef with Black Pepper Sauce * 887 kcal £ 33.00
Sirloin of beef, black pepper, onion, garlic
Contains: egg, dairy, mollusc, fish, soya, gluten, celery

天香蒙古牛柳

Sautéed Sirloin of Beef in Mongolian Sauce * 1121 kcal £ 33.00
Sirloin of beef, chilli, onion
Contains: egg, dairy, soya, gluten

糖醋菠萝鸡丁

Sautéed Sweet and Sour Chicken 1234 kcal £ 24.00
Chicken, pineapple, capsicums
Contains: egg, dairy, soya, gluten, celery, sulphites

三杯滑鸡煲

Stir-fried Corn-fed Chicken with Sweet Basil in Sanpei Sauce * 1281 kcal £ 24.00
Chicken, sweet basil leaves, Sichuan dried chilli, onion, garlic
Contains: egg, dairy, soya, gluten, celery

宫保炒鸡丁

Stir-fried Gong Bao Corn-fed Chicken with Cashew Nuts and Sichuan Dried Chili * 1064 kcal £ 24.00
Chicken, cashew nuts, spring onion, garlic, Sichuan dried chili
Contains: egg, dairy, soya, nuts, gluten

辣子黄油鸡

Spicy Deep-fried Corn-fed Chicken with Sichuan Pepper * 872 kcal £ 24.00
Contains: egg, dairy, soya, gluten

红烧栗子肉排

Stewed Pork Ribs and Chestnuts in Superior Soy Sauce * 2156 kcal £ 24.00
Contains: egg, dairy, soya, nuts, gluten

金香煎猪扒

Pan-fried Spicy Prawn Paste Pork Chop with Curry Leaves * 1125 kcal £ 24.00
Contains: egg, dairy, crustaceans, mollusc, soya, gluten, mustard

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蔬菜

VEGETABLES

酸菜剁椒滑炒野菌	£ 19.00
Stir-fried Wild Mushroom with Pickle Chili and Mustard Green (V) * 593 kcal <i>Shitake mushroom, oyster mushroom, eryngii mushroom, pickled Chinese mustard, pickled chilli, macadamia nuts, Sichuan dried chili</i> Contains: egg, dairy, soya, nuts, gluten, mustard, sulphites	
干煸四季豆	£ 20.00
Wok-fried French Beans with Minced Chicken 266 kcal Contains: egg, dairy, crustaceans, mollusc, soya, gluten	
黑椒芦笋炒莲藕	£ 18.00
Asparagus with Lotus Root, Water Chestnuts and Black Pepper (V) * 273 kcal Contains: egg, dairy, soya, gluten	
时令蔬菜	£ 18.00
Choice of Seasonal Vegetables 32 kcal - 菜心 Choi Sum - 小白菜 Baby Pak Choi - 菠菜 Baby Spinach - 西兰花 Broccoli With a choice of Sauces - 清炒 Stir-fried 59 kcal; contains: gluten, soya - 蒜蓉 Garlic Sauce 81 kcal; contains: egg, dairy, soya, gluten - 姜汁 Ginger Sauce 29 kcal; contains: egg, dairy, soya, gluten	

面类/饭类

NOODLES /RICE

XO 酱雪菜鸡丝炒米粉	£ 20.00
Stir-fried Rice Vermicelli with Shredded Chicken in XO Sauce * 1053 kcal <i>Rice vermicelli, chicken, bean sprouts, chive, pickled cabbage, XO chili sauce</i> Contains: egg, dairy, crustaceans, mollusc, fish, sesame, soya, gluten	
鲜虾炒面	£ 18.00
Stir-fried Egg Noodles with King Prawns 934 kcal <i>Egg noodles, king prawns, , beansprouts, capsicum</i> Contains: egg, dairy, crustaceans, mollusc, fish, soya, gluten	
岷江特色炒饭	£ 18.00
Min Jiang Fried Rice with King Prawns with Salted Fish Sauce * 750 kcal <i>Rice, king prawns, salted fish sauce, salted egg yolk, chili</i> Contains: egg, dairy, crustaceans, fish, soya, gluten	
蛋白蟹肉芦笋炒饭	£ 18.00
Egg White Fried Rice with Blue Swimmer Crab and Asparagus 549 kcal <i>Rice, blue swimmer crab, egg white, asparagus, straw mushrooms</i> Contains: egg, dairy, crustaceans, soya, gluten	
扬州炒饭	£ 18.00
Yangzhou Fried Rice with Chinese Wind-dried Sausage 463 kcal <i>Rice, Chinese pork sausage</i> Contains: egg, dairy, crustaceans, mollusc, sesame, soya, gluten	
菜粒蛋炒饭	£ 16.00
Vegetable Egg Fried Rice (V) 339 kcal <i>Rice, egg, asparagus, spring onion</i> Contains: egg, soya, gluten	
蛋炒饭	£ 14.00
Egg Fried Rice (V) 331 kcal Contains: egg, soya, gluten	
香米飯	£ 4.00
Steamed Jasmine Rice (V) 170 kcal	

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SNOWFLAKE

雪糕/雪葩

SNOWFLAKE GELATTO & SORBETTO ~ £10.50
(500 ml)

芒果雪葩

Mango Sorbetto

May contain traces of nuts or soya

黑巧克力雪葩

Dark Chocolate Sorbetto

May contain traces of nuts or soya

椰子雪糕

Coconut Gelato

Contains: milk – May contain traces of nuts or soya

焦糖牛奶雪糕

Dulce de Leche Gelato

Contains: milk, skimmed milk powder – may contain traces of nuts or soya

香草雪糕

Vanilla Gelato

Contains: milk, skimmed milk powder – produced where nuts, peanuts, soya and gluten is present

榛子雪糕

Hazelnut Gelato

Contains: milk, skimmed milk powder, hazelnut paste – contains traces of nuts or soya

白巧克力抹茶雪糕

White Chocolate Matcha Gelato

Contains: soya, milk, matcha tea powder, butter, skimmed milk powder

Lunch collection: 12:00 until 15:00, Monday - Sunday
Evening collection: 18:00 until 22:00, Monday - Sunday

Call Min Jiang Restaurant between 10:00-21:00 on 020 7361 1988 to place your order.

The Royal Garden Hotel undertakes no liability for food once taken away from the restaurant/premises.

Kcal are displayed per portion. Adults need around 2000 kcal a day

Min Jiang has limited availability for collection service and reserves the right decline order.

Allergens: if you suffer from any food allergies or intolerances please inform the restaurant when placing your order.

Guests with severe allergies or intolerances, should be aware that although all due care is taken, there is a risk of allergen ingredients still being present. Please note, any bespoke orders requested cannot be guaranteed as entirely allergen-free and will be consumed at the guest's own risk.

All prices include VAT at the current rate